

- **Health And Wellbeing Conference**

- We had the Annual Health & Wellbeing Conference for West Berkshire at the start April and this was a great session with collaborative working and thinking as well as looking at the future plans. If you would like further information about the work of the health and wellbeing board please let us know.

- **Primary Care Networks (PCN)**

- We need to talk about Primary Care Networks. As you know in our locality we have always worked closely among our local practices and we have always had a good working relationship with our neighbouring practices. We are exploring what the new world looks like. At this stage it's difficult to say what the future looks like other than we will continue working together, either with our neighbours or in a wider locality. We are not communicating this to cause you any worry, rather that we think you should know where we are.
- The PCN's need to outline which groups they will be working in by 15th May for approval so there is an awful lot of work going on in the background to make sure we can do this.
- Here is a little definition from the long-term plan: *Primary care networks will be based on GP registered lists, typically serving natural communities of around 30,000 to 50,000. They should be small enough to provide the personal care valued by both patients and GP's, but large enough to have impact and economies of scale through better collaboration between practices and others in the local health and social care system.*

- **NHS Long Term Plan**

- The NHS has set out its plan to build a sustainable plan for the long term and NHS plan covers the ambitions for the next 10 years.
- It builds on bringing primary and community healthcare closer together.
- More personalised care for patients.
- Digitally enabled primary care services.
- The importance of integrated care systems.
- Investment in NHS staff.
- Improving public health using targeted solutions.
- <https://youtu.be/W19DtEsc8Ys>

- **Patient Panel AGM**

- The Patient Panel is a group set out to represent the voice of patients in West Berkshire.
- It has representatives from each of the surgery patient participation groups and works with statutory and voluntary sector.

- The AGM was on Thursday 9th May at WBCH. The Patient Panel updates will be added into the minutes of our Burdwood Surgery PPG meeting held last Saturday 18th May.
- **West Berkshire Directory (WBD)**
 - The WBD went live on 4th April at the Health and Wellbeing Conference and we have been sharing this at wider meetings such as the Patient Panel, GP Training Day (TIPS), it was the subject of our monthly column Your Health Matters this month. It has been shared with schools, special needs schools, family hubs, some parent and toddler groups, some baby clinics, Special Needs Information Day, Parent Voice, SEND Providers Forum, PVI providers and Job Centre events on helping women back into work. Local Offer info publicised on 4 garage pumps, PIP Volunteers meeting, Village Agents meeting, Beechcroft Dementia Care specialists and Parish Councils.
 - Please have a look at and use the directory <https://directory.westberks.gov.uk> and if you know of any organisation who isn't on there or needs updating please ask them to log on and create an account so they can do so.
 - Flyers and posters are available, attaching copies of the flyers.
- **Social prescribing**
 - There has been a lot of activity around social prescribing and we are trying to work together as a system to define how to make use of what we have that is good and how to build on that. Watch this space for more details.
- **Primary Care**
 - It is incredibly busy in primary care with all the change of primary care networks, new contract and enhanced access as well as introducing new workforce such as pharmacists and now we have a pilot on first contact physios. So, from a patients point of view you can book in directly to be reviewed by a physio - further information regarding this will follow separately.
- **PPE (Patient and Public Engagement)**
 - The patient and public engagement group sets out to share information within the system. If you or your organisation wants to link into it then please do let us know.
 - Please can I ask you all to like our Facebook Page and follow out Twitter Page for information on wellbeing in West Berkshire.
 - - Facebook:** @WellbeinginWB
 - Twitter:** @PpeWest
 - Contact us at PPE.chair@nhs.net