

# the school years toolkit

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## Introduction to the Toolkit for School Age

The Children and Young People's Integrated Therapies (CYPIT) in Berkshire have designed a toolkit for school aged children and young people to support families, carers and professionals who are concerned about a child or young person's development, providing them with a greater understanding of development and how this can be promoted.



**The toolkit for school aged children and young people contains information on the following:**

- Typical development of children and young people in the areas that fall within the expertise of speech and language therapy, occupational therapy and physiotherapy.
- How to identify common and acceptable variations in children and young people's development.
- How to decide which children and young people may need additional support to promote their development.
- Practical advice sheets that you can use.
- When and how to refer to us for specialist assessment.

### General principles of the School Age Toolkit

The Toolkit for School aged children and young people has been developed and produced by the CYPIT service. CYPIT is a service comprised of children's physiotherapists, occupational therapists and speech and language therapists working in the community across Berkshire.

Many children and young people will show difficulties at some point in their development but most will progress given the right environment and simple strategies used by those around them. The toolkit for school aged children and young people is intended to support those who have or work with children and young people between the ages of four to 19 years old the information and confidence to be able to meet their needs and advise their parents and carers. Early identification of children needing extra support is vital but this does not always mean early referral.

A small proportion of children and young people will require specialist support from CYPIT to enable them to carry out the activities that they need or want to do. This toolkit for school aged children and young people will help you to identify which children or young people may require this specialist support.