

Any young person aged 17.5 years old should be accepted by adults mental health services – e.g. talking therapies etc....

NEED/ VULNERABILITY/ TARGET GROUP	READING	Wokingham	Newbury	SLOUGH	WAM	BRACKNELL
ADHD	<p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p>	<p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p>	<p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p>	<p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p>	<p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p>	<p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p> <p><u>Berkshire ADHD support</u> - 01344 778 548</p> <p><u>ADHD Directions</u> - 07725 737 771 Louise - adhddirections@gmail.com</p>
Advocacy	<p><u>NYAS Advocacy service</u> – 0808 808 1001</p>			<p><u>Advocacy in Slough</u> – 01753 415 299 27 Church Street, Slough, SL1 1PL</p>		
Anger management	<p><u>Number 5</u> - 0118 901 5649, 101 Oxford Road, Reading, RG1 7UD</p>		<p><u>Emotional Health Academy</u> 01635 519018 West Street House West Street Newbury RG14 1BZ</p>	<p><u>Aik Saath (YES)</u> – (community groups) 01753 574 780 29 Church Street, Slough, SL1 1PL</p>		

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			https://www.westberks.gov.uk/index.aspx?articleid=32381			
Anxiety	<p>Diagnosis support service - 07990 761676</p> <p>CAMHS - 0300 365 300 CPE Office, The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ</p> <p>Primary mental health workers - 0118 937 3641 - Children's Single Point of Access Civic Offices, Bridge St, Reading RG1 2LU</p> <p>Number 5 - 0118 901 5649, 101 Oxford Road, Reading, RG1 7UD</p>	<p>CAMHS - 0300 365 300 CPE Office, The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ</p>	<p>CAMHS - 0300 365 300 CPE Office, The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ</p> <p>Emotional Health Academy 01635 519018 West Street House West Street Newbury RG14 1BZ https://www.westberks.gov.uk/index.aspx?articleid=32381</p>	<p>CAMHS - 0300 365 300 CPE Office, The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ</p>	<p>Family friends – 0300 800 1005 (anxiety groups) Family Friends Offices, The Lawns Nursery School, Imperial Road, Windsor, SL4 3RU</p> <p>CAMHS - 0300 365 300 CPE Office, The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ</p>	<p>CAMHS - 0300 365 300 CPE Office, The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ</p>
ASD	<p>Autism Berkshire - 01189 594 594 Unit 7, Richfield Place,</p>	<p>Autism Berkshire - 01189 594 594 Unit 7, Richfield Place,</p>	<p>Autism Berkshire - 01189 594 594 Unit 7, Richfield</p>	<p>Autism Berkshire - 01189 594 594 Unit 7, Richfield Place,</p>	<p>Autism Berkshire - 01189 594 594 Unit 7, Richfield</p>	<p>Autism Berkshire - 01189 594 594 Unit 7, Richfield</p>

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	<p>Richfield Avenue, Reading RG1 8EQ Kevin – <a href="mailto:club197@autismberks
hire.org.uk">club197@autismberks hire.org.uk Referrals – <a href="mailto:contact@autismberks
hire.org.uk">contact@autismberks hire.org.uk</p> <p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p> <p><u>Primary mental health workers</u> - 0118 937 3641 - Children's Single Point of Access Civic Offices, Bridge St, Reading RG1 2LU</p> <p><u>MST</u> - 0118 9372076 (Juliette - 0759 521 6438) Reading Borough Council Bridge Street, Reading, Berkshire, RG1 2LU</p>	<p>Richfield Avenue, Reading RG1 8EQ Kevin – <a href="mailto:club197@autismberks
hire.org.uk">club197@autismberks hire.org.uk Referrals – <a href="mailto:contact@autismberks
hire.org.uk">contact@autismberks hire.org.uk</p> <p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p> <p><u>ASSIST</u> (Wokingham Borough only) - 0118 974 6882 Learning difficulty and disabilities service, Highwood, Annexe Fairwater Drive, Woodley, RG5 3RU</p> <p><u>ASD Family Help</u> <a href="mailto:contact@asdfamilyhel
p.org">contact@asdfamilyhel p.org 07707 660 599 Unit 4, 171 Evendons Lane, WOKINGHAM, RG41 4EH</p>	<p>Place, Richfield Avenue, Reading RG1 8EQ Kevin – <a href="mailto:club197@autismbe
rkshire.org.uk">club197@autismbe rkshire.org.uk Referrals – <a href="mailto:contact@autismbe
rkshire.org.uk">contact@autismbe rkshire.org.uk</p> <p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p> <p><u>ASD Family Help</u> <a href="mailto:contact@asdfamily
help.org">contact@asdfamily help.org 07707 660 599 Unit 4, 171 Evendons Lane, WOKINGHAM, RG41 4EH</p>	<p>Richfield Avenue, Reading RG1 8EQ Kevin – <a href="mailto:club197@autismberks
hire.org.uk">club197@autismberks hire.org.uk Referrals – <a href="mailto:contact@autismberks
hire.org.uk">contact@autismberks hire.org.uk</p> <p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p>	<p>Place, Richfield Avenue, Reading RG1 8EQ Kevin – <a href="mailto:club197@autismber
kshire.org.uk">club197@autismber kshire.org.uk Referrals – <a href="mailto:contact@autismberk
shire.org.uk">contact@autismberk shire.org.uk</p> <p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p>	<p>Place, Richfield Avenue, Reading RG1 8EQ Kevin – <a href="mailto:club197@autismber
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shire.org.uk">contact@autismberk shire.org.uk</p> <p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p>
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	07877 242677 (Teaching life skills and team work.)	07877 242677 (Teaching life skills and team work.)	07877 242677 (Teaching life skills and team work.)	07877 242677 (Teaching life skills and team work.)	07877 242677 (Teaching life skills and team work.)	07877 242677 (Teaching life skills and team work.)
Bullying	Bullying UK - 0808 800 2222 Help-line for advice Number 5 - 0118 901 56668, 101 Oxford Road, Reading, RG1 7UD http://no5.org.uk/	Bullying UK - 0808 800 2222 Help-line for advice	Bullying UK - 0808 800 2222 Help-line for advice Emotional Health Academy 01635 519018 West Street House West Street Newbury RG14 1BZ	Bullying UK - 0808 800 2222 Help-line for advice	Bullying UK - 0808 800 2222 Help-line for advice	Bullying - 01344 352000 Anti-bullying@bracknell-forest.gov.uk Safeguarding and inclusion team (bullying) -01344 354014 debbie.smith@bracknell-forest.gov.uk Bullying UK - 0808 800 2222 Help-line for advice
Childcare	Free childcare for TWOS - www.reading.gov.uk/earlyyears/funding			Slough family information service - 01753 476 589 Landmark Place, High St, Slough SL1 1JL Free childcare for TWOS – government scheme	Free childcare for TWOS - government scheme	Free childcare for TWOS - government scheme
Counselling	Number 5 - 0118 901 56668, 101 Oxford Road, Reading, RG1 7UD	ARC Youth counselling service – 0118 977 6710 35 Reading Road, Wokingham Berkshire,	Time to Talk West Berkshire 01635 760331	Number 22 - 01753 842444 Youth Talk, 27 Church Street, Slough, SL1 1PL	Youth talk – 01753 842 444 Youth Talk, 27 Church Street, Slough, SL1 1PL	Youth line Counselling - 01344 311200 The Lodge, Bracknell, RG1 7QS

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	http://no5.org.uk/	RG41 1EG	Time to Talk Broadway House 4-8 The Broadway Newbury West Berkshire RG14 1BA https://t2twb.org/contact-us/		Number 22 - 01628 636 661 WAM youth and community counselling service, 4 Marlow Road, Maidenhead, SL6 7YR	
Child Sexual Exploitation (CSE)	Targeted and specialist youth workers in RBC – 0118 937 3641 (SPOA)					
Disability (physical)	Berkshire Phab youth clubs - 0118 916 8412 The MAPP Centre, 22 Mount Pleasant, Reading, RG1 2TD Cerebra – (Brain injury) 01267 244200 enquiries@cerebra.org.uk			Cerebra – (Brain injury) 01267 244200 enquiries@cerebra.org.uk	Children and young people disability service - 01628 683 150 Town Hall, St. Ives Road, Maidenhead, SL6 1RF Cerebra – (Brain injury) 01267 244200 enquiries@cerebra.org.uk	Children’s specialist support team - 01344 352 020 Childrens.socialcare@bracknell-forest.gov.uk Behaviour support for parents (for children with a disability)- 01344 354042 joanna.gibbons@bracknell-forest.gov.uk Cerebra – (Brain injury) 01267 244200

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						enquiries@cerebra.org.uk
Domestic abuse	<p><u>Berkshire women's aid</u> – 0118 950 4003</p> <p><u>Bounce back for Kidz</u> - 0300 456 4800</p> <p><u>Number 5</u> - 0118 901 56668, 101 Oxford Road, Reading, RG1 7UD</p> <p>http://no5.org.uk/</p>	<p><u>Berkshire women's aid</u> – 0118 950 4003</p> <p><u>Bounce back for Kidz</u> - 0300 456 4800</p>	<p><u>Berkshire women's aid</u> – 0118 950 4003</p> <p><u>Bounce back for Kidz</u> - 0300 456 4800</p>	<p><u>Berkshire women's aid</u> – 0118 950 4003</p> <p><u>Bounce back for Kidz</u> - 0300 456 4800</p>	<p><u>Berkshire women's aid</u> – 0118 950 4003</p> <p><u>Domestic abuse stops here (DASH)</u> – 01753 549 865</p> <p><u>Family friends</u> – 0300 800 1005 (children affected by DA) Family Friends Offices, The Lawns Nursery School, Imperial Road, Windsor, SL4 3RU</p> <p><u>Bounce back for Kidz</u> - 0300 456 4800</p>	<p><u>Berkshire women's aid</u> – 0118 950 4003</p> <p><u>Bounce back for Kidz</u> - 0300 456 4800</p>
Drug and alcohol	<p><u>SOURCE</u> - 0118 901 5666 16 North Street, Reading, RG1 7DA</p> <p><u>ARCADE</u> - 0118 986 2315 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p>	<p><u>SMART</u> SMART Recovery Service 38 Station Road Wokingham Berkshire RG40 2AE Tel: 0118 977 2022 Fax: 0118 979 7731 wokingham@smartcjs.org.uk</p>	<p><u>The Edge (under 18s)</u> 01635 582002 theedge@westberks.gov.uk</p> <p><u>Swanswell</u> (over 18) Alcohol and drug recovery service 1 Station Road Newbury</p>	<p><u>Turning point</u> - 01753 692548 Maple House, 95 High Street, Slough, SL1 1DH, Tel</p>	<p><u>Young people's drug and alcohol team</u> - 01628 796 518 Reform Road, Maidenhead, SL6 8BY</p> <p><u>Family friends</u> – 0300 800 1005 (children with parents who have substance misuse)</p>	<p><u>Youth Offending service</u> – substance misuse worker 01344 354 300 Youth Offending Service 76 Binfield Road, Bracknell RG42 2AR</p> <p><u>Catch-22</u> (16-19yr</p>

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			RG14 7LP T 0300 003 7025 E wberksadmin@swanwell.org		Family Friends Offices, The Lawns Nursery School, Imperial Road, Windsor, SL4 3RU	old) - 01344 423429 Unit 9, Brickfields, Kiln Lane Bracknell, RG12 1NA
Eating disorder	SHaRON – BHFT (online service) - 0118 929 6400 BHFT CAMHS - 0300 365 300 CPE Office, The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ Number 5 - 0118 901 56668, 101 Oxford Road, Reading, RG1 7UD http://no5.org.uk/	SHaRON – BHFT (online service) - 0118 929 6400 BHFT CAMHS - 0300 365 300 CPE Office, The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ	SHaRON – BHFT (online service) - 0118 929 6400 BHFT CAMHS - 0300 365 300 CPE Office, The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ	SHaRON – BHFT (online service) - 0118 929 6400	SHaRON – BHFT (online service) - 0118 929 6400	SHaRON – BHFT (online service) - 0118 929 6400
Education/school support	Educational Psychologists - 0118 376 545 Civic Offices, Bridge St, Reading RG1 2LU Adviza - 0118 402	Education welfare - Wokingham – 0118 974 6193 Starting Points mentoring for young people who are NEET	Starting Points mentoring for young people who are NEET (16-25years old). 07864 040 466	Educational Psychologists – 01752 767 660 St Martins Place, 51 Bath Road, Slough, Berkshire, SL1 3UF	Educational psychologists - 01628 796 688 Town Hall, St. Ives Road, Maidenhead, SL6 1RF	Education welfare service - 01344 464 721 Family support advisors team - 01344 354 094

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	<p>7050 11th Floor, Ocean House The Ring, Bracknell, Berkshire RG12 1AX</p> <p><u>Elevate me</u> (16-24yr olds) - help@elevateme.org.uk Elevate Hub, third floor, Reading Library, Abbey Square, Reading RG1 3BQ <u>Starting Points</u> mentoring for young people who are NEET (16-25years old). 07864 040 466</p>	<p>(16-25years old). 07864 040 466</p>	<p><u>West Berkshire's Special Educational Needs (SEN) and Disabled Children's Team</u> 01635 519713</p>	<p><u>Slough Special educational Needs and Disability (SEND) -</u> 01753 787 693 St Martins Place, 51 Bath Road, Slough, Berkshire, SL1 3UF</p>	<p><u>RBWM youth service – school support</u> (8-19yr olds) - 01628 796 744</p>	<p><u>Targeted services</u> - 01344 354 198</p> <p><u>Against the grain</u> - 0118 402 7050 Adviza partnership, The Ring, Bracknell, RG12 1AX</p>
Employment	<p><u>Elevate me</u> (16-24yr olds) - help@elevateme.org.uk Elevate Hub, third floor, Reading Library, Abbey Square, Reading RG1 3BQ</p> <p><u>Adviza</u> - 0118 402 7050 11th Floor, Ocean House</p>	<p><u>Education welfare - Wokingham</u> – 0118 974 6193</p> <p><u>Starting Points</u> mentoring for young people who are NEET (16-25years old). 07864 040 466</p>	<p><u>Starting Points</u> mentoring for young people who are NEET (16-25years old). 07864 040 466</p>	<p><u>Slough for youth</u> (drop in sessions)– 01753 875 510</p> <p><u>Slough employ-ability</u> (helping those with disability gain employment) – 01753 572249 St Martins Place, 51 Bath Road, Slough, Berkshire, SL1 3UF</p>	<p><u>Elevate me</u> (16-24yr olds) - help@rbwm.elevateme.org.uk</p>	<p><u>Elevate me</u> (16-24yr olds) - help@bracknellfores.t.elevateme.org.uk</p>

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	<p>The Ring, Bracknell, Berkshire RG12 1AX</p> <p><u>Against the grain</u> - 0118 402 7050 Adviza partnership, The Ring, Bracknell, RG12 1AX</p> <p><u>Employ me (Mencap)</u> (learning difficulty employment help) - 01865 84 9646</p> <p><u>Hitz</u> - (16-19 yr olds) Ainsley.Campbell@london-irish.com New Direction, 330 Northumberland Avenue, Reading, RG2 8DH</p> <p><u>Education welfare – Reading</u> – 0118 937 6545</p> <p><u>Starting Points</u> mentoring for young people who are NEET (16-25years old). 07864 040 466</p>					
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<p>Family help / family therapy</p>	<p><u>The Link foundation</u> - 01628 400600 The Old Barrel Store, Draymans Lane, Marlow, Buckinghamshire, SL7 2FF</p> <p><u>Resolve Mediation</u> – 0118 959 7420 13 Boulton Street, Reading, Berkshire, RG1 4RD</p> <p><u>Children heard and seen</u> (for children with a parent in prison) - 07542 539116. Tilehurst and Area Children’s Centre.</p> <p><u>MST</u> - 0118 9372076 (Juliette - 0759 521 6438) Reading Borough Council Bridge Street, Reading, Berkshire, RG1 2LU</p> <p><u>Health visitors</u></p>	<p><u>The Link foundation</u> - 01628 400600 The Old Barrel Store, Draymans Lane, Marlow, Buckinghamshire, SL7 2FF</p> <p><u>Health visitors</u></p>	<p><u>The Link foundation</u> - 01628 400600 The Old Barrel Store, Draymans Lane, Marlow, Buckinghamshire, SL7 2FF</p> <p><u>Health visitors</u></p>	<p><u>The Link foundation</u> - 01628 400600 The Old Barrel Store, Draymans Lane, Marlow, Buckinghamshire, SL7 2FF</p>	<p><u>The Link foundation</u> - 01628 400600 The Old Barrel Store, Draymans Lane, Marlow, Buckinghamshire, SL7 2FF</p> <p><u>RBWM intensive family support project</u> - 01628 683 692 Reform Road, Maidenhead, SL6 8BY</p> <p><u>Family friends</u> – 0300 800 1005 (supporting family through difficult times) Family Friends Offices, The Lawns Nursery School, Imperial Road, Windsor, SL4 3RU</p>	<p><u>The Link foundation</u> - 01628 400600 The Old Barrel Store, Draymans Lane, Marlow, Buckinghamshire, SL7 2FF</p>
<p>Food Bank</p>	<p><u>ReadiFood Bank</u> – 0118 9872672 31- 33 Boulton Road</p>					

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	Reading. RG2 ONH.					
Gang involvement	Number 5 - 0118 901 56668, 101 Oxford Road, Reading, RG1 7UD http://no5.org.uk/					
Housing	YMCA - 0118 957 5746 34 Parkside Road, Reading, RG30 2DD One step - 07989495326			Slough Homeless our concerns (SHOC) - 01753 536745 Serena Hall, Burlington Avenue, Slough, SL1 2JT Supported housing for teenage parents – 0786774460 tracynorman@lifecharity.org.uk		Look ahead (16-24yr olds) - 01344 352 000 Look Ahead, Kings Buildings, 16 Smith Square, London, SW1P 3HQ
Learning difficulty /disability	Parenting special children - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG Employ me (Mencap) (learning difficulty)	Parenting special children - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG British dyslexia association - 0333 405	Parenting special children - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG British dyslexia association - 0333	Parenting special children - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG British dyslexia association - 0333 405	Parenting special children - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG Nurture groups - 01628 796 688	Parenting special children - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG The hang out – Wayz youth club (16-25yr

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	<p>employment help) - 01865 84 9646</p> <p><u>British dyslexia association</u> - 0333 405 4565 The British dyslexia association, Unit 8, Bracknell, Berkshire RG12 7BW</p> <p><u>West Berkshire Advocacy</u> http://rva.org.uk/organisation/webcaswestberkshire/ info@webcas.org.uk</p> <p><u>ASD Family Help</u> contact@asdfamilyhelp.org 07707 660 599 Unit 4, 171 Evendons Lane, WOKINGHAM, RG41 4EH</p> <p><u>Smiles Club</u> – 0118 937 6130. Aged 13-18 mild to moderate learning difficulties.</p>	<p>4565 The British dyslexia association, Unit 8, Bracknell, Berkshire RG12 7BW</p> <p><u>ASD Family Help</u> contact@asdfamilyhelp.org 07707 660 599 Unit 4, 171 Evendons Lane, WOKINGHAM, RG41 4EH</p>	<p>405 4565 The British dyslexia association, Unit 8, Bracknell, Berkshire RG12 7BW</p> <p><u>West Berkshire's Special Educational Needs (SEN) and Disabled Children's Team</u> 01635 519713</p>	<p>4565 The British dyslexia association, Unit 8, Bracknell, Berkshire RG12 7BW</p>	<p>Town Hall, St. Ives Road, Maidenhead, SL6 1RF</p> <p><u>British dyslexia association</u> - 0333 405 4565 The British dyslexia association, Unit 8, Bracknell, Berkshire RG12 7BW</p>	<p>olds) - 01344 483596 Calfridus Way, Bracknell, RG12 9ET</p> <p><u>British dyslexia association</u> - 0333 405 4565 The British dyslexia association, Unit 8, Bracknell, Berkshire RG12 7BW</p>
Legal	<p><u>CommuniCare Legal Advice</u> - 0118 9263941 233 Kings Road,</p>			<p><u>Citizens advice Bureau</u> = 0344 411 1306 27 Church Street</p>		

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	<p>The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ</p> <p><u>National Youth Advocacy Service:</u> https://youngpeople.nyas.net/ Helpline: 0808 808 1001 Email: help@nyas.net</p> <p><u>Support Empower Advocate Promote (SEAP)</u> http://www.seap.org.uk/ 0330 440 9000 Slough and West Berkshire</p>	<p>The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ</p> <p><u>National Youth Advocacy Service:</u> https://youngpeople.nyas.net/ Helpline: 0808 808 1001 Email: help@nyas.net</p>	<p>The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ</p> <p><u>National Youth Advocacy Service:</u> https://youngpeople.nyas.net/ Helpline: 0808 808 1001 Email: help@nyas.net</p>	<p>The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ</p> <p><u>National Youth Advocacy Service:</u> https://youngpeople.nyas.net/ Helpline: 0808 808 1001 Email: help@nyas.net</p> <p><u>Support Empower Advocate Promote (SEAP)</u> http://www.seap.org.uk/ 0330 440 9000 Slough and West Berkshire</p>	<p>The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ</p> <p><u>National Youth Advocacy Service:</u> https://youngpeople.nyas.net/ Helpline: 0808 808 1001 Email: help@nyas.net</p>	<p>The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ</p> <p><u>National Youth Advocacy Service:</u> https://youngpeople.nyas.net/ Helpline: 0808 808 1001 Email: help@nyas.net</p>
<p>Mental health – less complex</p>	<p><u>Diagnosis support service</u> - 07990 761676</p> <p><u>Primary mental health workers</u> - 0118 937 3641 - Children's Single Point of Access Civic Offices, Bridge St, Reading RG1 2LU</p> <p><u>Number 5</u> - 0118 901 5649,</p>		<p><u>Emotional Health Academy</u> 01635 519018 West Street House West Street Newbury RG14 1BZ</p>	<p><u>Talking therapies –</u> 0300 365 2000</p>	<p><u>Family friends –</u> 0300 800 1005 (For children whose parents have mental health concerns) Family Friends Offices, The Lawns Nursery School, Imperial Road, Windsor, SL4 3RU</p>	

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	101 Oxford Road, Reading, RG1 7UD					
Parenting help	<p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p> <p><u>MST</u> - 0118 9372076 (Juliette - 0759 521 6438) Reading Borough Council Bridge Street, Reading, Berkshire, RG1 2LU</p>	<p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p>	<p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p>	<p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p>	<p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p>	<p><u>Parenting special children</u> - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</p>
Physical health	<p><u>Health- drop in</u> – 0118 937 2388 South Reading Youth & Community Centre, Reading, RG2 7QA</p> <p><u>Children’s action teams (CPOA)</u> - 0118 937 6545 Reading Borough Council, Civic Offices, Reading, RG1 2LU</p>			<p><u>Children and young people’s integrated therapies</u> (OT’s) - 0300 365 1234</p> <p><u>Walk in health centre</u> - 01753 635505 East Berkshire Health Authority, Upton Hospital, Albert St, Slough SL1 2BJ</p>	<p><u>Specialist children’s service – nursing team</u> - 01753 635 017</p>	
Relationship difficulties (all forms of	<p><u>Resolve Mediation</u> – 0118 959 7420 13 Boulton Street, Reading, Berkshire,</p>	<p><u>Resolve Mediation</u> – 0118 959 7420 13 Boulton Street, Reading, Berkshire,</p>	<p><u>Resolve Mediation</u> – 0118 959 7420 13 Boulton Street, Reading, Berkshire,</p>	<p><u>Resolve Mediation</u> – 0118 959 7420 13 Boulton Street, Reading, Berkshire,</p>	<p><u>Resolve Mediation</u> – 0118 959 7420 13 Boulton Street, Reading, Berkshire,</p>	<p><u>Resolve Mediation</u> – 0118 959 7420 13 Boulton Street, Reading, Berkshire,</p>

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relationships)	RG1 4RD	RG1 4RD	RG1 4RD	RG1 4RD Kooth – online help https://kooth.com/	RG1 4RD Kooth – online help https://kooth.com/	RG1 4RD Kooth – online help https://kooth.com/
Safeguarding	<u>Children’s social services</u> -0118 937 3641	Referral and Assessment Team 0118 9088002 triage@wokingham.gov.uk http://www.wokingham.gov.uk/	West Berkshire Children Services Contact Advice Assessment Service (CAAS) 01635 503090 http://www.westberks.gov.uk/young-people-families-carers/concerned-about-a-child/	Children’s social services – 01753 875362	Children’s social services -01628 683150 Town Hall, St. Ives Road, Maidenhead, SL6 1RF	Children’s social services – 01344 352020 MASH - 01344 352005 Time Square, Market Street, Bracknell, Berkshire, RG12 1JD Safeguarding and inclusion team (bullying) -01344 354014 debbie.smith@bracknell-forest.gov.uk
Sexual exploitation	BLAST (male CSE) - 0113 2444209 and 07921 372896	BLAST (male CSE) - 0113 2444209 and 07921 372896	BLAST (male CSE) - 0113 2444209 and 07921 372896	BLAST (male CSE) - 0113 2444209 and 07921 372896	BLAST (male CSE) - 0113 2444209 and 07921 372896	BLAST (male CSE) - 0113 2444209 and 07921 372896
Sexual health	Adviza (connections) - 0118 937 2204 Reading Central Library, Reading, RG1 3BQ			The garden clinic - 01753 635302 The garden clinic, Upton Hospital, Albert St, Slough SL1 2BJ		
Social, emotional and behavioural difficulties	Primary mental health workers - 0118 937 3641 - Children’s Single Point of Access Civic Offices, Bridge St,	Primary Mental Health Workers 01189 495 060	Emotional Health Academy 01635 519018 West Street House West Street Newbury	SEBDOS (Helps schools) - 01753 521734 Littledown Special School, Queens Road,	Nurture groups - 01628 796 688 Town Hall, St. Ives Road, Maidenhead, SL6 1RF	Kooth – online help https://kooth.com/

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	<p>Reading RG1 2LU</p> <p>Number 5 - 0118 901 56668, 101 Oxford Road, Reading, RG1 7UD</p> <p>http://no5.org.uk/</p>		<p>RG14 1BZ</p>	<p>Slough, Berkshire, SL1 3QW</p> <p>Aik Saath (YES) – 01753 574 780 29 Church Street, Slough, SL1 1PL</p> <p>Kooth – online help https://kooth.com/</p>	<p>Kooth – online help https://kooth.com/</p>	
Victims of crime	<p>SAFE - 01865 582 495</p> <p>Victim support line - 08 08 16 89 111</p> <p>Trust house (victims of sexual abuse) – 0118 950 2835</p>	<p>SAFE - 01865 582 495</p> <p>Victim support line - 08 08 16 89 111</p> <p>Trust house (victims of sexual abuse) – 0118 950 2835</p>	<p>SAFE - 01865 582 495</p> <p>Victim support line - 08 08 16 89 111</p> <p>Trust house (victims of sexual abuse) – 0118 950 2835</p>	<p>SAFE - 01865 582 495</p> <p>Victim support line - 08 08 16 89 111</p> <p>Trust house (victims of sexual abuse) – 0118 950 2835</p>	<p>SAFE - 01865 582 495</p> <p>Victim support line - 08 08 16 89 111</p> <p>Trust house (victims of sexual abuse) – 0118 950 2835</p>	<p>SAFE - 01865 582 495</p> <p>Victim support line - 08 08 16 89 111</p> <p>Trust house (victims of sexual abuse) – 0118 950 2835</p>
Volunteering options	<p>Do it - Volunteering made easy - 020 7250 5700 www.do-it.org.uk/</p>	<p>Do it - Volunteering made easy - 020 7250 5700 www.do-it.org.uk/</p>	<p>Do it - Volunteering made easy - 020 7250 5700 www.do-it.org.uk/</p>	<p>Aik Saath (YES) – 01753 574 780 29 Church Street, Slough, SL1 1PL</p> <p>Do it - Volunteering made easy - 020 7250 5700 www.do-it.org.uk/</p>	<p>Do it - Volunteering made easy - 020 7250 5700 www.do-it.org.uk/</p>	<p>Do it - Volunteering made easy - 020 7250 5700 www.do-it.org.uk/</p>
Young carers	<p>Young carers youth club - 0118 937 4003 Fairview Youth Club,</p>	<p>Funding for young carers - https://carers.org/</p>	<p>Funding for young carers - https://carers.org/</p>	<p>Crossroads - 01753 525796 The Corner House</p>	<p>Funding for young carers - https://carers.org/</p>	<p>The young carers service - 01344 464 742</p>

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	<p>George Street, Reading, Berkshire, RG1 7RR</p> <p>Funding for young carers - https://carers.org/</p> <p>Young carer's benefits – through Gov.uk webiste</p>	<p>Young carer's benefits – through Gov.uk webiste</p>	<p>Young carer's benefits – through Gov.uk webiste</p>	<p>254a Farnham Road Slough, Berkshire SL1 4XE</p> <p>Aik Saath (YES) – 01753 574 780 29 Church Street, Slough, SL1 1PL</p> <p>Funding for young carers - https://carers.org/</p> <p>Young carer's benefits – through Gov.uk website</p>	<p>Young carer's benefits – through Gov.uk webiste</p>	<p>Jenny.plumb@bracknell-forest.gov.uk</p> <p>Funding for young carers - https://carers.org/</p> <p>Young carer's benefits – through Gov.uk webiste</p>