Any young person aged 17.5 years old should be accepted by adults mental health services – e.g. talking therapies etc.

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<tr>
<th>NEED/ VULNERABILITY/ TARGET GROUP</th>
<th>READING</th>
<th>Wokingham</th>
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<th>SLOUGH</th>
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<th>BRACKNELL</th>
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<td>ADHD</td>
<td>Parenting special children - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</td>
<td>Parenting special children - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</td>
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<td>Parenting special children - 0118 9863532 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</td>
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<tr>
<td>Advocacy</td>
<td>NYAS Advocacy service – 0808 808 1001</td>
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<td>Berkshire ADHD support - 01344 778 548 ADHD Directions - 07725 737 771 Louise - <a href="mailto:adhddirections@gmail.com">adhddirections@gmail.com</a></td>
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<td>Anger management</td>
<td>Number 5 - 0118 901 5649, 101 Oxford Road, Reading, RG1 7UD</td>
<td>Emotional Health Academy 01635 519018 West Street House West Street Newbury RG14 1BZ</td>
<td>Aik Saath (YES) – (community groups) 01753 574 780 29 Church Street, Slough, SL1 1PL</td>
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Any young person aged 17.5 years old should be accepted by adults mental health services – e.g. talking therapies etc.…

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<tr>
<th>Anxiety</th>
<th>Diagnosis support service</th>
<th>CAMHS - 0300 365 300 CPE Office, The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ</th>
<th>CAMHS - 0300 365 300 CPE Office, The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ</th>
<th>CAMHS - 0300 365 300 CPE Office, The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ</th>
<th>Family friends – 0300 800 1005 (anxiety groups) Family Friends Offices, The Lawns Nursery School, Imperial Road, Windsor, SL4 3RU</th>
<th>CAMHS - 0300 365 300 CPE Office, The Old Forge, 45-47 Peach street, Wokingham, RG40 1XJ</th>
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<tr>
<td>CAMHS</td>
<td>Emotions Health Academy</td>
<td>01635 519018, West Street House West Street Newbury RG14 1BZ</td>
<td><a href="https://www.westberks.gov.uk/index.aspx?articleid=32381">https://www.westberks.gov.uk/index.aspx?articleid=32381</a></td>
<td>Number 5 - 0118 901 5649, 101 Oxford Road, Reading, RG1 7UD</td>
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<td>ASD</td>
<td>Autism Berkshire</td>
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Autism Berkshire - 01189 594 594 Unit 7, Richfield Place,
Any young person aged 17.5 years old should be accepted by adults mental health services – e.g. talking therapies etc.

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<th>Richfield Avenue, Reading RG1 8EQ</th>
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<tr>
<td>Kevin – club197@autismberks hire.org.uk</td>
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<td>Kevin – club197@autismberks hire.org.uk</td>
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<td>Referrals – contact@autismberks hire.org.uk</td>
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<td>ASD Family Help <a href="mailto:contact@asdfamilyhelp.org">contact@asdfamilyhelp.org</a> 07707 660 599 Unit 4, 171 Evendons Lane, WOKINGHAM, RG41 4EH</td>
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<tr>
<td>ASSIST (Wokingham Borough only) - 0118 974 6882</td>
<td>Learning difficulty and disabilities service, Highwood, Annexe Fairwater Drive, Woodley, RG5 3RU</td>
<td>ASD Family Help <a href="mailto:contact@asdfamilyhelp.org">contact@asdfamilyhelp.org</a> 07707 660 599 Unit 4, 171 Evendons Lane, WOKINGHAM, RG41 4EH</td>
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<td>Primary mental health workers - 0118 937 3641 - Children’s Single Point of Access Civic Offices, Bridge St, Reading RG1 2LU</td>
<td>MST - 0118 9372076 (Juliette - 0759 521 6438) Reading Borough Council Bridge Street, Reading, Berkshire, RG1 2LU</td>
<td>ASD Family Help <a href="mailto:contact@asdfamilyhelp.org">contact@asdfamilyhelp.org</a> 07707 660 599 Unit 4, 171 Evendons Lane, WOKINGHAM, RG41 4EH</td>
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<td>contact@asdfamilyhel p.org 07707 660 599</td>
<td>Amber house, Bracknell, Berkshire, RG12 1JB</td>
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<td>Unit 4, 171 Evendons Lane, WOKINGHAM, RG41 4EH</td>
<td><strong>Daisy's Dream</strong> – 0118 934 2604 (for referrals where there is no mental health/self-harm/substance misuse etc..)</td>
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<td>Daisy's Dream, PO Box 4738 Twyford, Reading, Berkshire RG10 9GT</td>
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<td><strong>Reading Voluntary Action - Reading Refocus <a href="mailto:reading_refocus@yahooco.uk">reading_refocus@yahooco.uk</a></strong> 0118 950 9945</td>
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<th><strong>Bullying</strong></th>
<th><strong>Bullying UK</strong> - 0808 800 2222 Help-line for advice</th>
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<th><strong>Bullying UK</strong> - 0808 800 2222 Help-line for advice</th>
<th><strong>Bullying</strong> - 01344 352000 <a href="mailto:Anti-bullying@bracknell-forest.gov.uk">Anti-bullying@bracknell-forest.gov.uk</a></th>
<th><strong>Safeguarding and inclusion team</strong> (bullying) -01344 354014 <a href="mailto:debbie.smith@bracknell-forest.gov.uk">debbie.smith@bracknell-forest.gov.uk</a></th>
<th><strong>Bullying UK</strong> - 0808 800 2222 Help-line for advice</th>
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<td>Number 5 - 0118 901 56668, 101 Oxford Road, Reading, RG1 7UD</td>
<td>Emotional Health Academy 01635 519018 West Street House West Street Newbury RG14 1BZ</td>
<td>Number 22 - 01753 842444 Youth Talk, 27 Church Street, Slough, SL1 1PL</td>
<td>Youth talk – 01753 842 444 Youth Talk, 27 Church Street, Slough, SL1 1PL</td>
<td>Youth line Counselling - 01344 311200 The Lodge, Bracknell, RG1 7QS</td>
<td>Emotional Health Academy 01635 519018 West Street House West Street Newbury RG14 1BZ</td>
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<td><strong>Childcare</strong></td>
<td>Free childcare for TWOS - <a href="http://www.reading.gov.uk/earlyyearsfunding">www.reading.gov.uk/earlyyearsfunding</a></td>
<td>Slough family information service 01753 476 589 Landmark Place, High St, Slough SL1 1JL</td>
<td>Free childcare for TWOS – government scheme</td>
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<td><strong>Counselling</strong></td>
<td>Number 5 - 0118 901 56668, 101 Oxford Road, Reading, RG1 7UD</td>
<td>ARC Youth counselling service – 0118 977 6710 35 Reading Road, Wokingham Berkshire,</td>
<td>Time to Talk West Berkshire 01635 760331</td>
<td>Number 22 - 01753 842444 Youth Talk, 27 Church Street, Slough, SL1 1PL</td>
<td>Youth talk – 01753 842 444 Youth Talk, 27 Church Street, Slough, SL1 1PL</td>
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<tr>
<th>Child Sexual Exploitation (CSE)</th>
<th>Targeted and specialist youth workers in RBC – 0118 937 3641 (SPOA)</th>
<th>Time to Talk Broadway House 4-8 The Broadway Newbury West Berkshire RG14 1BA <a href="https://t2twb.org/contact-us/">https://t2twb.org/contact-us/</a></th>
<th>Number 22 - 01628 636 661 WAM youth and community counselling service, 4 Marlow Road, Maidenhead, SL6 7YR</th>
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<tr>
<td>Disability (physical)</td>
<td>Berkshire Phab youth clubs - 0118 916 8412 The MAPP Centre, 22 Mount Pleasant, Reading, RG1 2TD</td>
<td>Cerebra – (Brain injury) 01267 244200 <a href="mailto:enquiries@cerebra.org.uk">enquiries@cerebra.org.uk</a></td>
<td>Children and young people disability service - 01628 683 150 Town Hall, St. Ives Road, Maidenhead, SL6 1RF</td>
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<td><strong>Cerebra</strong> – (Brain injury) 01267 244200 <a href="mailto:enquiries@cerebra.org.uk">enquiries@cerebra.org.uk</a></td>
<td>Children’s specialist support team - 01344 352 020 <a href="https://www.childrens.socialcare@bracknell-forest.gov.uk">Childrens.socialcare@bracknell-forest.gov.uk</a></td>
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<td>Behaviour support for parents (for children with a disability)- 01344 354042 <a href="https://www.joanna.gibbons@bracknell-forest.gov.uk">joanna.gibbons@bracknell-forest.gov.uk</a></td>
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<td>Drug and alcohol</td>
<td>SOURCE - 0118 901 5666 16 North Street, Reading, RG1 7DA</td>
<td>SMART Recovery Service 38 Station Road Wokingham Berkshire RG40 2AE Tel: 0118 977 2022 Fax: 0118 979 7731 <a href="mailto:wokingham@smartcjs.org.uk">wokingham@smartcjs.org.uk</a></td>
<td>The Edge (under 18s) 01635 582002 <a href="mailto:theedge@westberks.gov.uk">theedge@westberks.gov.uk</a> Swanswell (over 18) Alcohol and drug recovery service 1 Station Road Newbury</td>
<td>Turning point - 01753 692548 Maple House, 95 High Street, Slough, SL1 1DH, Tel</td>
<td>Young people’s drug and alcohol team - 01628 796 518 Reform Road, Maidenhead, SL6 8BY Family friends – 0300 800 1005 (children with parents who have substance misuse)</td>
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<td>ARCADE - 0118 986 2315 The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG</td>
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<td>Youth Offending service – substance misuse worker 01344 354 300 Youth Offending Service 76 Binfield Road, Bracknell RG42 2AR Catch-22 (16-19yr)</td>
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Any young person aged 17.5 years old should be accepted by adults mental health services – e.g. talking therapies etc.

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<th>Eating disorder</th>
<th>SHaRON – BHFT (online service) - 0118 929 6400</th>
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<tr>
<th>Education/school support</th>
<th>Educational Psychologists - 0118 376 545 Civic Offices, Bridge St, Reading RG1 2LU Adviza - 0118 402</th>
<th>Education welfare - Wokingham – 0118 974 6193</th>
<th>Starting Points mentoring for young people who are NEET (16-25 years old). 07864 040 466</th>
<th>Educational Psychologists – 01752 767 660 St Martins Place, 51 Bath Road, Slough, Berkshire, SL1 3UF</th>
<th>Educational psychologists - 01628 796 688 Town Hall, St. Ives Road, Maidenhead, SL6 1RF</th>
<th>Education welfare service - 01344 464 721 Family support advisors team - 01344 354 094</th>
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<th>Service</th>
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<tr>
<td><strong>West Berkshire’s Special Educational Needs (SEN) and Disabled Children’s Team</strong></td>
<td>Elevate me (16-24yr olds) - <a href="mailto:help@elevateme.org.uk">help@elevateme.org.uk</a>&lt;br&gt;West Berkshire’s Special Educational Needs (SEN) and Disabled Children’s Team - 01635 519713</td>
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<tr>
<td><strong>Slough Special educational Needs and Disability (SEND)</strong></td>
<td>Slough Special educational Needs and Disability (SEND) - 01753 787 693&lt;br&gt;St Martins Place, 51 Bath Road, Slough, Berkshire, SL1 3UF</td>
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<tr>
<td><strong>RBWM youth service – school support</strong></td>
<td>RBWM youth service – school support (8-19yr olds) - 01628 796 744</td>
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<tr>
<td><strong>Elevate me</strong></td>
<td>Elevate me (16-24yr olds) - <a href="mailto:help@elevateme.org.uk">help@elevateme.org.uk</a>&lt;br&gt;Elevate Hub, third floor, Reading Library, Abbey Square, Reading RG1 3BQ</td>
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<tr>
<td><strong>Starting Points</strong></td>
<td>Starting Points mentoring for young people who are NEET (16-25years old). 07864 040 466</td>
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<tr>
<td><strong>Slough for youth</strong></td>
<td>Slough for youth (drop in sessions) – 01753 875 510</td>
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<tr>
<td><strong>Slough employ-ability</strong></td>
<td>Slough employ-ability (helping those with disability gain employment) – 01753 572249&lt;br&gt;St Martins Place, 51 Bath Road, Slough, Berkshire, SL1 3UF</td>
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<tr>
<td><strong>Education welfare - Wokingham</strong></td>
<td>Education welfare - Wokingham – 0118 974 6193&lt;br&gt;Starting Points mentoring for young people who are NEET (16-25years old). 07864 040 466</td>
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<td><strong>Adviza</strong></td>
<td>Adviza - 0118 402 7050&lt;br&gt;Adviza partners, The Ring, Bracknell, RG12 1AX</td>
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<td><strong>Targeted services</strong></td>
<td>Targeted services - 01344 354 198</td>
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<tr>
<td><strong>Against the grain</strong></td>
<td>Against the grain - 0118 402 7050&lt;br&gt;Adviza partnership, The Ring, Bracknell, RG12 1AX</td>
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<th>The Ring, Bracknell, Berkshire RG12 1AX</th>
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<td>Adviza partnership, The Ring, Bracknell, RG12 1AX</td>
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<tr>
<td><strong>Employ me (Mencap)</strong> (learning difficulty employment help) - 01865 84 9646</td>
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<tr>
<td><strong>Hitz</strong> - (16-19 yr olds)</td>
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<td><a href="mailto:Ainsley.Campbell@london-irish.com">Ainsley.Campbell@london-irish.com</a></td>
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<tr>
<td>New Direction, 330 Northumberland Avenue, Reading, RG2 8DH</td>
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<tr>
<td><strong>Education welfare – Reading</strong> – 0118 937 6545</td>
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<tr>
<td><strong>Starting Points</strong></td>
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<tr>
<td>mentoring for young people who are NEET (16-25 years old). 07864 040 466</td>
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<tr>
<th>Family help / family therapy</th>
<th>The Link foundation - 01628 400600 The Old Barrel Store, Draymans Lane, Marlow, Buckinghamshire, SL7 2FF</th>
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<tr>
<td>Resolve Mediation – 0118 959 7420 13 Boult Street, Reading, Berkshire, RG1 4RD</td>
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<td>Children heard and seen (for children with a parent in prison) - 07542 539116. Tilehurst and Area Children's Centre.</td>
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<tr>
<td>MST - 0118 9372076 (Juliette - 0759 521 6438) Reading Borough Council Bridge Street, Reading, Berkshire, RG1 2LU</td>
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<td>Health visitors</td>
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<td>RBWM intensive family support project - 01628 683 692 Reform Road, Maidenhead, SL6 8BY</td>
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<tr>
<td>Family friends – 0300 800 1005 (supporting family through difficult times) Family Friends Offices, The Lawns Nursery School, Imperial Road, Windsor, SL4 3RU</td>
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<tr>
<td>Food Bank</td>
<td>Readifood Bank – 0118 9872672 31-33 Boulton Road</td>
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| Gang involvement | Number 5 - 0118 901 56668, 101 Oxford Road, Reading, RG1 7UD  
http://no5.org.uk/ |
|------------------|---------------------------------------------------------------|
| Housing          | YMCA - 0118 957 5746 34 Parkside Road, Reading, RG30 2DD  
One step - 07989495326 |
| Learning difficulty /disability | Parenting special children - 0118 9863532  
The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG  
Employ me (Mencap) (learning difficulty) | Parenting special children - 0118 9863532  
The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG  
British dyslexia association - 0333 405 | Parenting special children - 0118 9863532  
The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG  
British dyslexia association - 0333 | Parenting special children - 0118 9863532  
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The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG  
Nurture groups - 01628 796 688 | Parenting special children - 0118 9863532  
The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG  
The hang out – Wayz youth club (16-25yr) |
Any young person aged 17.5 years old should be accepted by adults mental health services – e.g. talking therapies etc.…

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<tr>
<th>Legal</th>
<th>CommuniCare Legal Advice</th>
<th>0118 9263941</th>
<th>233 Kings Road, Wide Horizons, Reading Road, Bracknell, RG12 7HF</th>
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**British dyslexia association** - 0333 405 4565  
The British dyslexia association, Unit 8, Bracknell, Berkshire RG12 7BW

**ASD Family Help**  
contact@asdfamilyhelp.org 07707 660 599  
Unit 4, 171 Evendons Lane, WOKINGHAM, RG41 4EH

**West Berkshire Advocacy**  
http://rva.org.uk/organisation/webcaswestberkshirea/  
info@webcas.org.uk

**ASD Family Help**  
contact@asdfamilyhelp.org 07707 660 599  
Unit 4, 171 Evendons Lane, WOKINGHAM, RG41 4EH

**Smiles Club** – 0118 937 6130  
Aged 13-18 mild to moderate learning difficulties.

**Legal**  
CommuniCare Legal Advice - 0118 9263941  
233 Kings Road, Wide Horizons, Reading Road, Bracknell, RG12 7HF

**Citizens advice Bureau**  
0344 411 1306  
27 Church Street

| West Berkshire's Special Educational Needs (SEN) and Disabled Children's Team | 01635 519713 |  
405 4565  
The British dyslexia association, Unit 8, Bracknell, Berkshire RG12 7BW

| Town Hall, St. Ives Road, Maidenhead, SL6 1RF |  
4565  
The British dyslexia association, Unit 8, Bracknell, Berkshire RG12 7BW

| Calfridus Way, Bracknell, RG12 9ET |  
405 4565  
The British dyslexia association, Unit 8, Bracknell, Berkshire RG12 7BW

| British dyslexia association | 0333 405 4565  
The British dyslexia association, Unit 8, Bracknell, Berkshire RG12 7BW |  
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The British dyslexia association, Unit 8, Bracknell, Berkshire RG12 7BW |
Any young person aged 17.5 years old should be accepted by adults mental health services – e.g. talking therapies etc...

| Looked after children | Parenting special children - 0118 9863532  
The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG | Parenting special children - 0118 9863532  
The Arcade Building, 11 Glebe Road, Reading, Berkshire, RG2 7AG | Parenting special children - 0118 9863532  
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| Mental health - complex | CAMHS - 0300 365 300  
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Any young person aged 17.5 years old should be accepted by adults mental health services – e.g. talking therapies etc.

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<th>Mental health – less complex</th>
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<tr>
<td>Helpline: 0808 808 1001</td>
<td>Email: <a href="mailto:help@nyas.net">help@nyas.net</a></td>
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<td>Email: <a href="mailto:help@nyas.net">help@nyas.net</a></td>
<td>Helpline: 0808 808 1001</td>
<td>Email: <a href="mailto:help@nyas.net">help@nyas.net</a></td>
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<td>0330 440 9000</td>
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<td>Slough and West Berkshire</td>
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<td>Diagnosis support service - 07990 761676</td>
<td>Emotional Health Academy</td>
<td>01635 519018</td>
<td>West Street House</td>
<td>West Street</td>
<td>Newbury RG14 1BZ</td>
</tr>
<tr>
<td>Primary mental health workers - 0118 937 3641 - Children’s Single Point of Access Civic Offices, Bridge St, Reading RG1 2LU</td>
<td>Talking therapies – 0300 365 2000</td>
<td>Family friends – 0300 800 1005 (For children whose parents have mental health concerns) Family Friends Offices, The Lawns Nursery School, Imperial Road, Windsor, SL4 3RU</td>
<td>Support Empower Advocate Promote (SEAP)</td>
<td><a href="http://www.seap.org.uk/">http://www.seap.org.uk/</a></td>
<td>Support Empower Advocate Promote (SEAP)</td>
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| Helpline: 0808 808 1001 | Email: help@nyas.net | Helpline: 0808 808 1001 | Email: help@nyas.net | Helpline: 0808 808 1001 | Email: help@nyas.net |
| 0330 440 9000 | Slough and West Berkshire | 0330 440 9000 | Slough and West Berkshire | 0330 440 9000 | Slough and West Berkshire |
| Diagnosis support service - 07990 761676 | Emotional Health Academy | 01635 519018 | West Street House | West Street | Newbury RG14 1BZ |
| Primary mental health workers - 0118 937 3641 - Children’s Single Point of Access Civic Offices, Bridge St, Reading RG1 2LU | Talking therapies – 0300 365 2000 | Family friends – 0300 800 1005 (For children whose parents have mental health concerns) Family Friends Offices, The Lawns Nursery School, Imperial Road, Windsor, SL4 3RU | Support Empower Advocate Promote (SEAP) | http://www.seap.org.uk/ | Support Empower Advocate Promote (SEAP) | http://www.seap.org.uk/ |
| Number 5 - 0118 901 5649, | | | | | |

| Helpline: 0808 808 1001 | Email: help@nyas.net | Helpline: 0808 808 1001 | Email: help@nyas.net | Helpline: 0808 808 1001 | Email: help@nyas.net |
| 0330 440 9000 | Slough and West Berkshire | 0330 440 9000 | Slough and West Berkshire | 0330 440 9000 | Slough and West Berkshire |
| Diagnosis support service - 07990 761676 | Emotional Health Academy | 01635 519018 | West Street House | West Street | Newbury RG14 1BZ |
| Primary mental health workers - 0118 937 3641 - Children’s Single Point of Access Civic Offices, Bridge St, Reading RG1 2LU | Talking therapies – 0300 365 2000 | Family friends – 0300 800 1005 (For children whose parents have mental health concerns) Family Friends Offices, The Lawns Nursery School, Imperial Road, Windsor, SL4 3RU | Support Empower Advocate Promote (SEAP) | http://www.seap.org.uk/ | Support Empower Advocate Promote (SEAP) | http://www.seap.org.uk/ |
| Number 5 - 0118 901 5649, | | | | | |
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<td>MST</td>
<td>0118 9372076 (Juliette - 0759 521 6438)</td>
<td>Reading Borough Council Bridge Street, Reading, Berkshire, RG1 2LU</td>
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| Physical health | Health drop in – 0118 937 2388 | Children and young people’s integrated therapies (OT’s) - 0300 365 1234 | Children and young people’s integrated therapies (OT’s) - 0300 365 1234 | Specialist children’s service – nursing team - 01753 635 017 | Specialist children’s service – nursing team - 01753 635 017 |
|                | South Reading Youth & Community Centre, Reading, RG2 7QA | Walk in health centre - 01753 635505 East Berkshire Health Authority, Upton Hospital, Albert St, Slough SL1 2BJ | Walk in health centre - 01753 635505 East Berkshire Health Authority, Upton Hospital, Albert St, Slough SL1 2BJ | Walk in health centre - 01753 635505 East Berkshire Health Authority, Upton Hospital, Albert St, Slough SL1 2BJ | Walk in health centre - 01753 635505 East Berkshire Health Authority, Upton Hospital, Albert St, Slough SL1 2BJ |
|                | Children’s action teams (CPOA) - 0118 937 6545 | | | | |
|                | Reading Borough Council, Civic Offices, Reading, RG1 2LU | | | | |

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<th>Relationship difficulties (all forms of)</th>
<th>Resolve Mediation – 0118 959 7420 13 Boult Street, Reading, Berkshire,</th>
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<td>South Reading Youth &amp; Community Centre, Reading, RG2 7QA</td>
<td>Walk in health centre - 01753 635505 East Berkshire Health Authority, Upton Hospital, Albert St, Slough SL1 2BJ</td>
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<td>Children’s action teams (CPOA) - 0118 937 6545</td>
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<td></td>
<td>Reading Borough Council, Civic Offices, Reading, RG1 2LU</td>
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Any young person aged 17.5 years old should be accepted by adults mental health services – e.g. talking therapies etc.

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<th>relationships)</th>
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<tr>
<td><strong>Safeguarding</strong></td>
<td>RG1 4RD</td>
<td>Referral and Assessment Team</td>
<td>West Berkshire Children Services Contact Advice Assessment Service (CAAS)</td>
<td>Children's social services – 01753 875362</td>
<td>Children's social services – 01628 683150 Town Hall, St. Ives Road, Maidenhead, SL6 1RF</td>
<td>Children's social services – 01344 352020</td>
<td><strong>MASH</strong> - 01344 352005 Time Square, Market Street, Bracknell, Berkshire, RG12 1JD</td>
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<td><strong>Sexual exploitation</strong></td>
<td>BLAST (male CSE) - 0113 2444209 and 07921 372896</td>
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<td><strong>Sexual health</strong></td>
<td>Adviza (connections) - 0118 937 2204 Reading Central Library, Reading, RG1 3BQ</td>
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<td>The garden clinic - 01753 635302 The garden clinic, Upton Hospital, Albert St, Slough SL1 2BJ</td>
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<td><strong>Social, emotional and behavioural difficulties</strong></td>
<td>Primary mental health workers - 0118 937 3641 - Children’s Single Point of Access Civic Offices, Bridge St,</td>
<td>Primary Mental Health Workers 01189 495 060</td>
<td>Emotional Health Academy 01635 519018 West Street House West Street Newbury</td>
<td>SEBDOs (Helps schools) - 01753 521734 Littledown Special School, Queens Road,</td>
<td>Nurture groups - 01628 796 688 Town Hall, St. Ives Road, Maidenhead, SL6 1RF</td>
<td>Kooth – online help <a href="https://kooth.com/">https://kooth.com/</a></td>
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<th>Young carers</th>
<th>Funding for young carers</th>
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<th>Crossroads</th>
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<th>The young carers service</th>
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<th>Volunteering options</th>
<th>Do it - Volunteering made easy</th>
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<th>Victims of crime</th>
<th>SAFE - 01865 582 495 Victim support line - 08 08 16 89 111</th>
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<td>Trust house (victims of sexual abuse) – 0118 950 2835</td>
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<th>Number 5 - 0118 901 56668, 101 Oxford Road, Reading, RG1 7UD</th>
<th><a href="http://no5.org.uk/">http://no5.org.uk/</a></th>
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<td>RG14 1BZ</td>
<td>Slough, Berkshire, SL1 3QW</td>
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<tr>
<td>Aik Saath (YES) – 01753 574 780 29 Church Street, Slough, SL1 1PL</td>
<td><a href="https://kooth.com/">Kooth – online help</a></td>
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<th>George Street, Reading, Berkshire, RG1 7RR</th>
<th>Young carer’s benefits – through Gov.uk website</th>
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<th>254a Farnham Road Slough, Berkshire SL1 4XE</th>
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